

1 October 2025

Nut Free School

Dear Parents,

We are writing to remind you that our school is strictly **nut-free** due to the presence of children with **severe, life-threatening allergies** to peanuts and other nuts. This policy is in place to protect the health and safety of all children.

Today, we experienced a serious medical emergency involving a child who had a severe allergic reaction caused by exposure to nuts present in another child's packed lunch. Thankfully the child received prompt medical attention and is now safe and recovering after the incident. However, this does highlight the importance of every child following our nut-free policy without exception.

We kindly ask that you **do not send any food items containing nuts** in your child's packed lunch. This includes but not limited to:

- Peanut butter or Nutella sandwiches
- Chocolates or snack bars containing nuts
- Baked goods made with almond, hazelnut, or other nut-based ingredients

Please check ingredient labels carefully when packing your child's food. If you are unsure whether an item is safe, we ask that you choose an alternative.

We understand that this may require extra care and consideration, but your support truly makes a difference. By working together, we can protect vulnerable members of our school community and uphold our shared commitment to providing a safe and healthy environment for all children.

Thank you for your support.

Yours sincerely,



Tony Head
Headteacher