

Tuesday 4 November 2025

Headteacher - Tony Head

Dear Parents

Top Up Swimming lessons

We are delighted to inform you that we have been able to secure additional swimming lessons at the Jubilee Pool for your child following the disruption to their lessons in Year 4.

Year 5 will have an additional 5 swimming lessons on the following dates:

Thursday 5 March 2026, Thursday 12 March 2026, Thursday 19 March 2026, Thursday 26 March 2026 and Thursday 16 April 2026.

Swimming is a compulsory element of the curriculum with the expectation that *“all pupils should be able to swim competently for at least 25 metres, use a range of effective strokes (such as front crawl, backstroke, and breaststroke), and perform safe self-rescue in different water-based situations.”*

To help your child get the most out of their lessons, we strongly encourage you to take them to your local swimming pool in the coming weeks. Regular visits will allow them to:

- **Develop water confidence** – feeling comfortable in and around water is the first step to successful swimming.
- **Practice basic skills** – such as floating, blowing bubbles, and moving through the water.
- **Reduce anxiety** – familiarity with the pool environment helps children feel more relaxed during lessons.

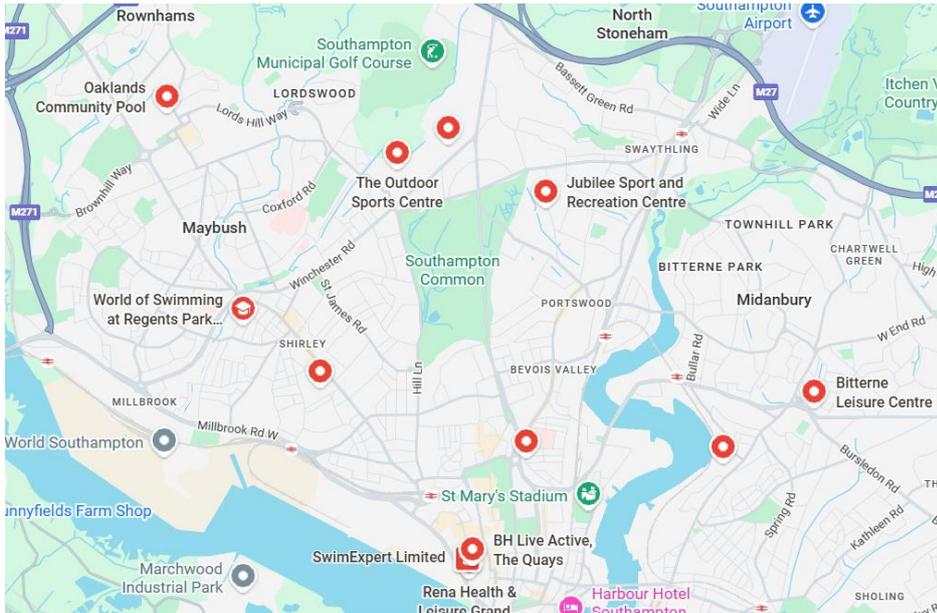
Even short, fun sessions can make a big difference. Many local pools offer family swims or discounted entry for children, so it's a great opportunity to enjoy time together while preparing for lessons. I have included a list of local pools on the back of this letter.

If you have any further questions, please speak to your child's teacher or myself. Thank you for your support in helping our pupils become confident and safe swimmers.

Yours sincerely



Miss Upfold
PE Lead



BH Live – The Quays – 27 Harbour Parade

Jubilee Sport and Recreation Centre – University of Southampton

Bitterne Leisure Centre – Dean Road

Red Lodge Community Pool – Vermont Close

Oaklands Community Pool - Cromarty Road

Shirley Swimming Pool – Kentish Road

Places Leisure Eastleigh – Passfield Avenue.