

12 June 2026

Dear Parents,

The teaching of health and relationships education is now compulsory in primary schools in England. During the teaching of this area of the curriculum in the summer term, we taught your child when they were in Year 5 about the changes that take place in the adolescent body. This incorporated key facts about changes during puberty, particularly those that may occur between age 9 through to age 11, including physical and emotional changes.

These Year 5 units are then built upon in Year 6, where we will teach the following compulsory areas of health and relationships education -

- That families are important for children growing up because they can give love, security and stability
- That others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care.
- Ensure that both boys and girls are prepared for the changes that adolescence brings.
- To be aware of the changes as humans develop to old age
- To learn about the changes experienced in puberty
- To know main external body parts.

To support the delivery of this we use a number of resources. As part of our commitment to working alongside parents during the teaching of this unit, the links to these are below.

[KS2 PSHE: Operation Ouch! How are babies made? Relationships and families - BBC Teach](#)

[KS2 PSHE: Operation Ouch! How are babies made? Sperm, egg and reproductive organs - BBC Teach](#)

[PSHE KS2: Operation Ouch! How are babies made? Puberty - BBC Teach](#)

In addition to these compulsory areas of health and relationships education, we also teach an additional unit on sex education to children in Year 6. Whilst this is not compulsory within primary education, we believe that this is something we should offer our pupils in order to provide a full and balanced curriculum.

This unit on sex education covers the following:

- that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact
- showing respect and understanding the differences between appropriate and inappropriate or unsafe physical, and other, contact – these are the forerunners of teaching about consent
- ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born
- that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care

To support the delivery of this we use a number of resources. The links to these are below.

[PSHE KS2: Operation Ouch! How are babies made? What is attraction? - BBC Teach](#)

[PSHE KS2: Operation Ouch! How are babies made? Sex - BBC Teach](#)

[PSHE KS2: Operation Ouch! How are babies made? In vitro fertilisation \(IVF\) - BBC Teach](#)

These units cover the non-compulsory element of sex education that we offer our pupils and as such you have the right to withdraw your child from this section should you wish to do so.

If you would like to withdraw your child from the non-compulsory sections of this unit of study, please complete the slip below and return to the school office by Wednesday 17 June 2026.

If you would like to ask any questions before making your decision, please contact myself or Miss Hotston at 6H@portswoodpri.org.uk.

Yours sincerely,



Tony Head
Headteacher

Name of child..... Class.....

I would like to withdraw my child from the non-compulsory sessions of Sex Education in Year 6.

SignedParent's name

Please return to the office by Wednesday 17 June 2026.