

10 September 2026

Dear Parents and Carers

Allergy Safety – Important Update and Reminder

As part of our ongoing commitment to the health, safety and wellbeing of all our pupils, we are writing to update you on our allergy safety arrangements.

From September 2026, new statutory requirements for allergy safety in schools have come into effect. These requirements, commonly referred to as Benedict's Law, strengthen the arrangements schools must have in place to support children with allergies and help reduce the risk of serious allergic reactions.

In response to these changes, we have reviewed our existing procedures and have strengthened our approach to allergy safety across school.

Our allergy safety arrangements

We are pleased to confirm that:

- All school staff have received allergy awareness and safety training, including recognising the signs of an allergic reaction and understanding how to respond appropriately in an emergency.
- **We remain a nut-free school.** We ask all families to continue to support this important safety measure by not sending nuts or products containing nuts into school.
- We have introduced a new Allergy Safety Policy, which sets out our approach to managing and supporting pupils with allergies.

We would also like to take this opportunity to remind all parents and carers that **sweets, cakes and other birthday treats should not be brought into school to be shared with pupils.** This is an existing school arrangement and is not a new rule. However, as we strengthen our allergy safety procedures, we feel it is important to remind everyone of this expectation.

Our new Allergy Safety Policy provides further information about our approach to allergy management and the measures we have in place to support pupils.

We ask all parents and carers to read the policy, which can be found on our school website: [Portswood Primary School - Policies](#)

Please also ensure that the school is informed of any new allergies, changes to existing allergies, medication or emergency treatment relating to your child.

We appreciate your continued support in helping us maintain a safe and inclusive environment where every child can learn, play and participate fully in school life. If you have any questions about our allergy arrangements or your child's individual needs, please contact the school office or speak to me directly.

Kind regards,

A handwritten signature in black ink that reads "AAdams". The first 'A' is larger and more stylized, followed by "Adams".

Anna Adams

Assistant Headteacher, SENCO & Allergy Lead