

## HOT SPECIALS...

## DAILY FAVES...

## SIDES...

## PICK A PUDD!

**Chinese Veggie Noodles** 🌱  
Fragrant egg noodles with stir-fried vegetables

**Cheese and Tomato Pizza with Potato Wedges** 🍷  
Cheesy tomato topped pizza slice

**Jacket Potatoes** 🍷  
A choice of hot and cold fillings

**Green Beans and Sweetcorn**

**Raspberry Ripple Ice Cream**

**Allegro's BBQ Chicken Burger, Corn and Pineapple Relish with Potato Wedges** 🍷  
BBQ chicken breast burger with zingy corn relish

**Allegro's Broccoli And Cauliflower Cheese Pie with Mashed Potato** 🍷  
Cheesy broccoli and cauliflower with a shortcrust topping

**Jacket Potatoes** 🍷  
with salmon mayonnaise and other hot and cold toppings

**Peas and Broccoli**

**Brownie**

**Roast Chicken with Roast Potatoes & Gravy** 🍷  
Succulent roast chicken with fluffy roasties and tasty gravy

**Quorn Roast with Roast Potatoes and Gravy** 🍷  
Delicious Quorn roast with fluffy roasties and tasty gravy

**Jacket Potatoes** 🍷  
A choice of hot and cold fillings

**Tomato Pasta** 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Carrots and Cabbage**

**Banana Cake** 🍷

**Lamb Lasagne with a Garlic & Herb Bread Wedge** 🍷  
A classic Italian layered pasta dish with lamb mince

**Quorn Hot Dog with Potato Wedges** 🍷  
A delicious Quorn hot dog

**Jacket Potatoes** 🍷  
A choice of hot and cold fillings

**Tomato Pasta** 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Broccoli and Sweetcorn**

**Banana & Apricot Flapjack with Fruit Slices** 🍷

**Battered fish Fillet and Chips** 🍷  
Crispy fish fillet with scrummy chips

**The Incredible Burger served with Chips** 🍷  
Meatless burger in a soft bap with ketchup

**Jacket Potatoes** 🍷  
A choice of hot and cold fillings

**Tomato Pasta** 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Baked Beans and Peas**

**Lemon Slice**

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## PICK A PUDD!

**Veggie Bolognese** 🌱  
Yummy veggie Bolognese with pasta

**Cheese and Tomato Pizza** 🍷  
Cheesy tomato topped pizza slice

**Jacket Potatoes** 🍷  
A choice of hot and cold fillings

**Tomato Pasta** 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Carrot Sticks and Cucumber Sticks**

**Flapjack with Fruit Slices** 🍷

**Chicken Sausage and Mash** 🍷  
Delicious chicken Sausage and potato mash

**Vegetable Lasagne with a Garlic & Herb Bread Wedge** 🍷  
Delicious sheets of pasta layered with veggie and tomato sauce

**Jacket Potatoes** 🍷  
A choice of hot and cold fillings

**Tomato Pasta** 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Broccoli and Peas**

**Peach Shortbread Pudding with Custard** 🍷

**Roast Turkey with Roast Potatoes & Gravy** 🍷  
Roast turkey with fluffy roasties and tasty gravy

**Squash and Potato Pastry Slice with Roast Potatoes and Gravy** 🍷  
A chunky butternut squash and potato pastry slice

**Jacket Potatoes** 🍷  
A choice of hot and cold fillings

**Tomato Pasta** 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Cabbage and Carrots**

**Crunchy Chocolate Biscuit**

**Lamb Lasagne with a Garlic & Herb Bread Wedge** 🍷  
A classic Italian layered pasta dish with lamb mince

**Mild Chickpea and Potato Curry with Rice** 🍷  
Tasty chickpea and potato curry served with rice

**Jacket Potatoes** 🍷  
A choice of hot and cold fillings

**Tomato Pasta** 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Green Beans and Sweetcorn**

**Fruity Chocolate Brownie**

**Southern Fried Chicken Tasters with Chips** 🍷  
Lightly seasoned crispy chicken strips and scrummy chips

**Quorn Dippers with Chips** 🍷  
Crispy Quorn dippers with their love sauce - ketchup

**Jacket Potatoes** 🍷  
A choice of hot and cold fillings

**Tomato Pasta** 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**Peas and Baked Beans**

**Vanilla Ice Cream**

### FRIDAY

### THURSDAY

### WEDNESDAY

### TUESDAY

### MONDAY

### FRIDAY

### THURSDAY

### WEDNESDAY

### TUESDAY

### MONDAY

## AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

Vegetarian 🌱 Oily fish 🐟 Wholegrain 🌾 Fruity! 🍌 Nutritionist's Choice 🍷

**WEEK 3**

# THREE WEEK MENU

## SPRING/SUMMER 2022

**£ 2.50**



OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN



YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY

**DAILY FAVES...**

**Jacket Potatoes** 🍷  
A choice of hot and cold fillings  
**Tomato Pasta** 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

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**Tomato Pasta** 🍷  
Fresh, homemade tomato and basil sauce with penne pasta

**SIDES...**

**Peas and Carrots**

**Sweetcorn and Broccoli**

**Carrots and Cabbage**

**Green Beans and Sweetcorn**

**Baked Beans and Peas**

**HOT SPECIALS...**

**Vegetarian Sausage with Mashed Potato and Gravy** 🍷  
Veggie sausage and mash with rich gravy

**Macaroni Cheese** 🍷  
Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce

**Sweet Potato Chickpea Roast with Potatoes and Gravy** 🍷  
A chunky sweet potato and chickpea roast

**Veggie Korma with Bombay Potato** 🍷  
A Vegetarian version of the classic mild Korma with roast cauliflower and chickpeas

**BBQ Veggie Burger with Chips** 🍷  
BBQ veggie burger in a soft bap

**Cheese and Tomato Pizza with Potato Wedges** 🍷  
Cheesy tomato topped pizza slice

**Allegra's Chilli Con Chicken and Sweet Potato Bake** 🍷  
Baked wedges of sweet potato, topped with tomato chicken & tortilla crunchies

**Roast Chicken with Roast Potatoes & Gravy**  
Succulent roast chicken with fluffy roasties and tasty gravy

**Shepherd's Pie** 🍷  
Home cooked minced lamb, carrot and onion with a crispy potato topping

**Golden Fish Fingers and Chips**  
Crispy fish fingers with scrummy chips

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**